

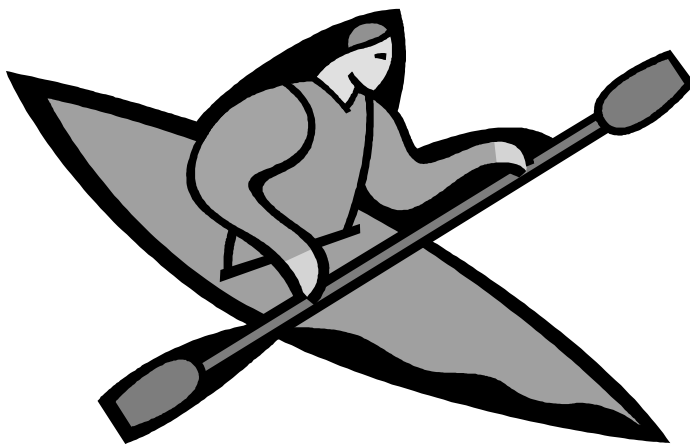
City of Boulder Parks and Recreation EXPAND Program presents:

Adaptive Paddling Clinic July 29th

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EXPAND Program presents:

Adaptive Paddling Clinic

Ages 10-Adult



When: July 29th

Time: 3:30PM-6:00PM

Where: Boulder Reservoir

Cost: \$10 per person

***Please bring something to grill**

***Side dishes provided**

call 303-413-7270 to register

Course: #95005

Contact: Dawn Ausmus 303-413-7252

Jen Heilveil, 303-413-7474

Experience, discover, and find independence in the water with our NEW adaptive paddling program.

Instructors: VJ Viswanaphan; Trung Nguyen.

VJ Viswanaphan was a sea kayaking instructor and trip leader in Hilton Head Island, South Carolina before being paralyzed in a repelling accident two years ago. VJ has been involved in outdoor recreation since he was young and since his injury has explored different adaptive techniques for kayaking.

Trung Nguyen has worked for Outward Bound for nine years under the river and mountaineering program and is also the production manager for Wild Wasser Sport/Trijon. Under the river and mountaineering program he has taught outdoor activities which include rock climbing, white water rafting up to class four, and kayaking and river rafting.

This clinic is geared towards first time or novice paddlers and will cover basic strategies; safety, equipment, and assisted rescue. Participants must feel comfortable in lake-depth waters.

